1. I can`t fall asleep, I have nightmares.
2. I am a light sleeper and usually it`s hard for me to get to sleep.
3. I had an experience of taking sleeping pills, it helped me to get a good night’s sleep.
4. Usually, I feel drowsy after coming from the university, I try to take a nap if it`s possible.
5. I`ve never sleepwalked, usually I sleep like a log.
6. I think, that count sheep is a bad way to fall asleep.
7. I can oversleep only if the alarm didn`t rings.
8. If I lie on my stomach I will snore.
9. I suffered from insomnia when I was in school, only a hot drink could help me.
10. I usually have pleasant dreams after having a late night.